

국제학교 · 유학생

에세이 점수 올려주는

Phrasal Verb 100+

Grade 8+ · Essay Writing

에세이 기능별로 정리한 107개 표현과 예문

01 주장 제시하기

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@allrounder_eng

set out to to begin with a clear aim or plan

This essay **sets out to** examine how social media shapes teenagers' self-image.

put forward to suggest an idea or argument for others to consider

Some scientists have **put forward** the theory that sleep helps the brain clear waste.

go into to discuss or explain something in detail

The author does not **go into** the reasons for the war until the final chapter.

take up to begin to discuss or deal with an issue

The second chapter **takes up** the question of who is truly responsible.

touch on to mention a subject briefly

The article only **touches on** the economic effects of the policy.

focus on to give most of your attention to something

This paragraph **focuses on** the role of the narrator.

draw on to use knowledge or experience as a source

The writer **draws on** her own childhood to create the setting.

deal with to be about or discuss a particular subject

The novel **deals with** themes of loss and identity.

center on to have something as the main topic

The debate **centers on** whether homework actually improves learning.

lay out to explain something clearly and in detail

In the opening paragraph, the author **lays out** three reasons for change.

spell out to explain something clearly and exactly

The report **spells out** the risks of ignoring climate data.

open up to make new ideas or possibilities available

This discovery **opens up** new questions about early human life.

turn to to start discussing a new point or subject

Turning to the second argument, it is clear that cost is not the only issue.

stem from to be caused by something

Many of Jonas's doubts **stem from** the memories he receives.

arise from to happen as a result of something

Conflict often **arises from** a lack of communication.

result from to be the result of something

The town's decline **resulted from** the closure of the factory.

come from to have something as its source

Much of the novel's tension **comes from** what the characters do not say.

spring from to develop or come from a particular source

Her courage **springs from** her love for her family.

account for to explain the reason for something

Poor planning **accounts for** many of the project's failures.

give rise to to cause something to happen or exist

The printing press **gave rise to** the rapid spread of new ideas.

lead up to to come before and help cause an event

The chapters **leading up to** the climax slowly build suspense.

set off to cause a series of events to begin

The assassination **set off** a chain of events that led to war.

bring on to cause something, usually unpleasant

Constant pressure can **bring on** anxiety in young students.

derive from to come or develop from a source

The word *democracy* **derives from** Greek.

go back to to have its origins at a time in the past

The tradition **goes back to** the eighteenth century.

feed into to contribute to a situation or feeling

These fears **feed into** the characters' growing distrust of one another.

result in to cause a particular outcome

Deforestation can **result in** the loss of entire ecosystems.

lead to to cause something to happen

A lack of sleep can **lead to** poor concentration in class.

bring about to make something happen

The new law **brought about** major changes in schools.

culminate in to end with a particular result

Years of tension **culminate in** open rebellion.

turn out to happen in a particular way; to prove to be

The quiet stranger **turns out** to be the key to the mystery.

carry over to continue into another situation

Skills learned in debate often **carry over** into essay writing.

pay off to be successful after a lot of effort

Her careful planning finally **pays off** in the last chapter.

play out to happen or develop in a particular way

The conflict **plays out** over three generations of one family.

add up to to combine to form a larger result

These small details **add up to** a powerful message about hope.

build up to increase gradually

Tension **builds up** as the storm approaches the island.

wipe out to destroy something completely

The disease **wiped out** much of the population.

give way to to be replaced by something else

Hope gradually **gives way to** despair.

die out to disappear completely over time

Many local languages are slowly **dying out**.

point out to draw attention to a fact

The author **points out** that freedom always comes with responsibility.

bring out to make a quality easier to notice

The contrast between the brothers **brings out** their differences.

single out to choose one thing for special attention

The critic **singles out** the ending as the novel's strongest part.

pick out to identify or select something from a group

Readers can **pick out** several symbols of hope in the story.

draw out to bring out a hidden meaning

Close reading helps us **draw out** the deeper meaning of the poem.

point to to suggest that something is true

Recent studies **point to** a link between exercise and memory.

hint at to suggest something indirectly

The darkening sky **hints at** the danger to come.

stand for to represent or symbolize

In the novel, the conch **stands for** order and democracy.

reflect on to think carefully about something

At the end, the narrator **reflects on** everything she has lost.

draw attention to to make people notice something

The title **draws attention to** the theme of isolation.

break down to analyze something by dividing it into parts

To understand the argument, we can **break it down** into three claims.

dwell on to think or write about something for a long time

The author **dwells on** the boy's loneliness to build sympathy.

zero in on to focus closely on one thing

The final chapter **zeroes in on** Melody's struggle to be heard.

back up to support a claim with evidence

Back up each claim with a quotation from the text.

bear out to prove that something is true

The survey results **bear out** the author's prediction.

rely on to depend on something for support

The argument **relies on** data from a single study.

be based on to use something as a starting point

The novel **is based on** the life of a real refugee.

build on to use something as a foundation for more

The second argument **builds on** the first.

refer to to mention or direct attention to something

The narrator often **refers to** her mother's advice.

draw from to take ideas or information from a source

The essay **draws** evidence **from** three different sources.

hold up to remain true when tested

This theory does not **hold up** under closer examination.

stand up to to remain convincing under examination

The claim **stands up to** careful analysis.

add to to increase or strengthen something

This detail **adds to** the reader's sense of unease.

tie in with to be connected with something

This scene **ties in with** the theme of betrayal.

fit in with to be consistent with something

His actions do not **fit in with** his earlier promises.

attest to to show clearly that something is true

Her many awards **attest to** her talent as a writer.

stand out to be very noticeable or different

Among the boys, Piggy **stands out** as the voice of reason.

set apart to make someone or something different

Her honesty **sets** her **apart** from the other characters.

contrast with to be clearly different from something

The calm opening **contrasts with** the violent ending.

weigh up to consider the advantages and disadvantages

Before deciding, the character **weighs up** the risks.

rule out to decide that something is not possible

The evidence **rules out** the possibility of an accident.

argue against to give reasons why something is wrong

Some critics **argue against** the use of standardized tests.

push back against to resist or oppose something

Several students **push back against** the new rule.

object to to say that you disagree with something

Many parents **object to** the proposed changes.

run counter to to be opposite to something

This finding **runs counter to** earlier research.

line up with to match or agree with something

Her conclusion **lines up with** the results of other studies.

set against to compare one thing with another

Set against the ending, the opening seems surprisingly hopeful.

give in to to stop resisting something

Eventually, the boys **give in to** their fear.

set aside to ignore something for a moment

Setting aside the cost, the plan has clear benefits.

carry out to perform or complete a planned action

The boys **carry out** their plan to hunt the pig.

come across as to seem to have a particular quality

At first, the narrator **comes across as** cold and distant.

come to terms with to accept a difficult situation

Willow slowly **comes to terms with** her parents' death.

stand up to to bravely confront someone more powerful

Isabel finally **stands up to** her cruel owners.

stand up for to defend a person or an idea

Malala **stands up for** girls' right to education.

give up to stop trying

Even after many failures, Brian refuses to **give up**.

break away from to leave or escape from a group

Jack **breaks away from** the group to form his own tribe.

turn against to become unfriendly or hostile toward

The villagers **turn against** the stranger.

fall apart to stop working or break into pieces

The boys' small society slowly **falls apart**.

grow up to become an adult; to mature

The novel shows Jonas **growing up** faster than his friends.

look up to to admire and respect someone

Many readers **look up to** Malala as a symbol of courage.

take on to accept a responsibility or role

Jonas **takes on** the burden of the community's memories.

hold on to to keep something; to refuse to let it go

Despite everything, Jonas **holds on to** his memories.

set out on to begin a journey

Salva **sets out on** a dangerous journey across Sudan.

give away to reveal something secret, often by accident

Her nervous laughter **gives away** her true feelings.

turn into to change and become something different

The game slowly **turns into** a dangerous competition.

sum up to give a short summary

To **sum up**, the evidence shows that early reading habits matter.

boil down to to be, at its most basic, about one thing

The conflict **boils down to** a struggle between freedom and safety.

come down to to depend on one key point

In the end, Jonas's choice **comes down to** love versus comfort.

round off to finish something in a suitable way

The author **rounds off** the story with a hopeful image.

point toward to suggest a particular conclusion

All of these details **point toward** one clear conclusion.

tie together to connect different ideas or parts

The final chapter **ties together** the novel's two storylines.

call for to say that something is needed

The situation **calls for** immediate action.

look ahead to think about what will happen in the future

Looking ahead, schools will need to adapt to new technology.

carry forward to continue or develop an idea

Future research should **carry** this idea **forward**.

bring together to combine different things

This essay has **brought together** evidence from science and literature.

follow through on to complete what was promised

Governments must **follow through on** their climate promises.

end with to finish with a particular thing

The novel **ends with** an open question for the reader.

think through to consider something carefully

Readers are left to **think through** the consequences of Jonas's choice.

아래 표현은 문법적으로 틀린 건 아니지만, 에세이에서는 너무 구어체로 읽혀요. 오른쪽 표현으로 바꾸면 문장이 훨씬 학술적으로 보여요.

Casual	Essay-friendly
find out	discover / learn
get better	improve
get worse	worsen / deteriorate
talk about	discuss
look at	examine / analyze
bring up	raise / mention
come up with	develop / propose
put up with	tolerate
go up	increase / rise
go down	decrease / decline
figure out	determine / understand
check out	examine / investigate
get rid of	eliminate / remove
cut down on	reduce

Example

The scientists ~~found out~~ that the results ~~got better~~ over time.

→ The scientists **discovered** that the results **improved** over time.

올라영

**저장해 두고
에세이 쓸 때마다 꺼내 보세요!**

더 많은 영어 자료는
@allrounder_eng · allrounderenglish.co.kr